

ANCHORS

Bringing the BB adventure to you ...



Weekly Activity Pack
30th March to 5th April

#BBATHOME



Let's Go Bowling!



Den Building



Paper Helicopters



The Whole World in His Hands



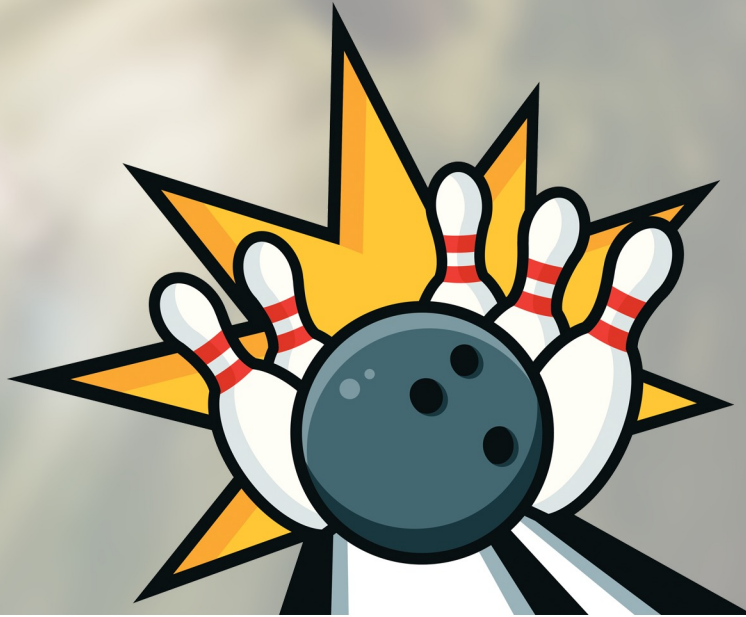
Rainbow Trail



Soap & Germs Experiment



LET'S GO BOWLING!



GET ACTIVE



20 MINUTES



PREPARATION
NEEDED



GETTING INTO THE ACTIVITY

Create your own bowling alley, using materials found around the house.

Creating Bowling Pins: You'll need to find 10 things from around the house which would work as bowling pins. Recycling materials work best for this. You could use empty drinks bottles, toilet and kitchen roll tubes, bottles from empty toiletries - whatever you can get your hands on to create bowling pins.

Start Bowling: Set your pins up just like a normal 10 pin bowling game. Stand a few metres away from them and then bowl the balls towards the pins to knock them down. How many pins can you knock down with 2 balls?

After you've bowled your two balls, re-set the pins and have another go. What's the highest score you can get? Can you get a strike? This is knocking down all the pins with just one ball!

Ask other family members to play and see who wins!



WHAT YOU'LL NEED

- Pins from Recycled Material (drinks bottles, toilet roll tubes, shampoo bottles etc.)
- Two Balls



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Please make sure the equipment used for the pins is appropriate and clean. Share a picture or video with your BB group or post on social media using #BBatHOME.

DEN BUILDING



GET
ADVENTUROUS



30 MINUTES



READY
TO GO



GETTING INTO THE ACTIVITY

Create a den at home for you to play and relax inside.

Den building is great fun. Using equipment you find around the house or in the garden, create a den. We recommend building it outside - but you could do it inside too.

One way of building a simple den requires 3 or 4 chairs positioned in a circle, all facing outwards. Throw a blanket or duvet over the chairs for a roof. Then you can put cushions and other home comforts inside. But how you build and decorate your den is up to you - try and be as creative as possible.

Spend some time creating a sign for your den. You might want to think of a good name for your den too.

Finally, spend some time playing or relaxing in the den. You could watch a movie on a phone or tablet or play a board game inside.



WHAT YOU'LL NEED

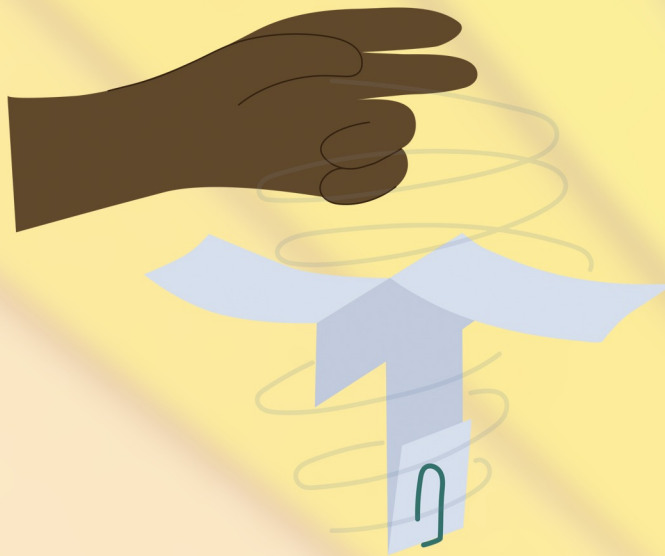
- Furniture
- Chairs
- Blankets
- Cushions
- Paper & Pens



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Please ensure the area and equipment used is safe and appropriate. Share a picture of the den with your BB group or post on social media using #BBatHOME.

PAPER HELICOPTERS



GET CREATIVE



20 MINUTES



PREPARATION
NEEDED



GETTING INTO THE ACTIVITY

It's time to make your own paper helicopter and then see how it flies.

You will need a grown-up to print out the 'Paper Helicopter' template or draw out a template.

A grown-up will need to help you cut along the solid lines. Then, fold along the dashed lines, fold flaps C and D inward, fold the bottom up and use a small paperclip to secure this. The paperclip not only holds the bottom together, but adds the right amount of weight to ensure the helicopter will spin as it falls. Fold flap A and B in opposite directions, this makes the top of the helicopter.

Now it's complete you can decorate the helicopter and then the fun part is dropping them from as high as you can to watch them fall.

For more directions search 'Paper Helicopters' on YouTube.



WHAT YOU'LL NEED

- Paper Helicopter Template
- Scissors
- Paper Clip
- Colouring Pens



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Please be careful when using scissors, an adult will need to do most of the cutting. Share a photo of your helicopter with your BB group or post on social media using #BBatHOME.

THE WHOLE WORLD IN HIS HANDS



GET INTO
THE BIBLE



30 MINUTES



PREPARATION
NEEDED



GETTING INTO THE ACTIVITY

A simple activity to remind us all that God has the world in his hands and is looking after us.

- 1) Print out the world template or draw your own. Colour the world blue and green.
- 2) Draw around both your hands separately and cut them out. Glue or tape these to the back of the world, so it looks like the hands are holding the world.
- 3) Finally draw a heart shape on the world and colour this red.

This craft can now be kept as a reminder that God created the world with his own hands and he also holds the world in his hands to look after us and protect us - no matter what the situation or problem.

Listen to the song 'He's Got the Whole World in His Hands' on YouTube and think about the words. If you want to sing along, then find a singalong version.

Finish by thinking about a prayer you can say to thank God.



WHAT YOU'LL NEED

- Paper
- Colouring Pens
- Scissors
- Glue or Tape
- Printed Template (optional)



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Please take care when using scissors and accessing YouTube. Share a picture of your 'world in God's hands' craft with your BB group or post on social media using #BBatHOME.

RAINBOW TRAIL



GET INVOLVED



20 MINUTES



READY TO GO



GETTING INTO THE ACTIVITY

Help to spread hope in your community by placing a rainbow in the window.

Thousands of children all across the UK are creating rainbows to put into their windows for others to see - particularly for other children to spot when they go for a walk. This small act is helping to spread joy and hope across the country.

Create a rainbow and place it in your window. Your rainbow can be small or large. We suggest using a piece of A4 paper and drawing or painting your rainbow.

Make sure you place the rainbow in a window where others can see it. You could also write a message of hope underneath it too.



WHAT YOU'LL NEED

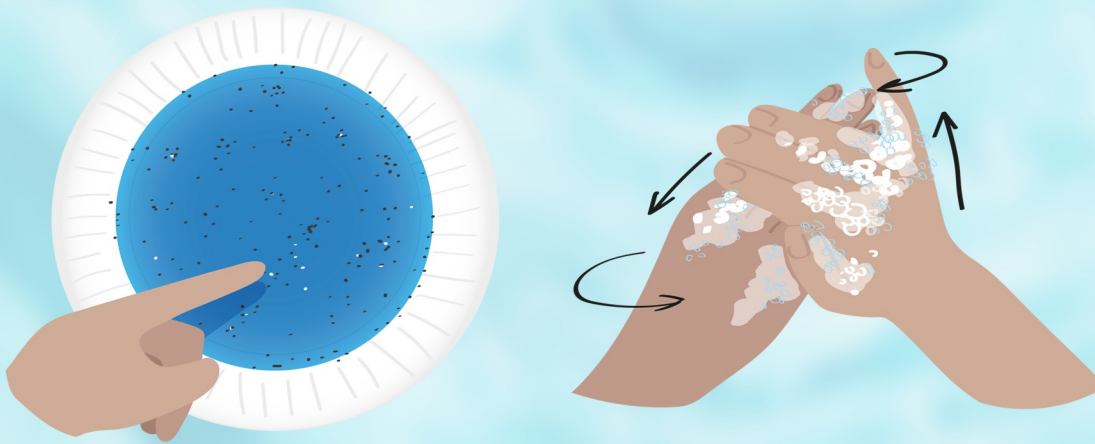
- Paper
- Colouring Pens, Paint etc.



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Share a picture of the rainbow with your BB group or post on social media using #BBatHOME.

SOAP & GERMS EXPERIMENT



GET LEARNING



10 MINUTES



PREPARATION
NEEDED

GETTING INTO THE ACTIVITY

Learn about the importance of washing your hands and how it stops the spread of germs.

- 1) Pour some water onto a plate or shallow dish and sprinkle a good layer of pepper on top.
- 2) Dip your finger into the water. What happens?
- 3) Dip your finger into some liquid soap and then place your finger in the centre of the plate of water. What happens now?

Without the soap on our fingers, the pepper (germs) stayed put and some got onto our finger. With soap on our hands, the pepper (germs) quickly moved away and stayed away from our finger.

Germs don't like clean hands which have been washed well and frequently with soap. By keeping our hands washed often, we can help keep germs away from us and stop them spreading to others.

Remember, wash your hands more often for 20 seconds.



WHAT YOU'LL NEED

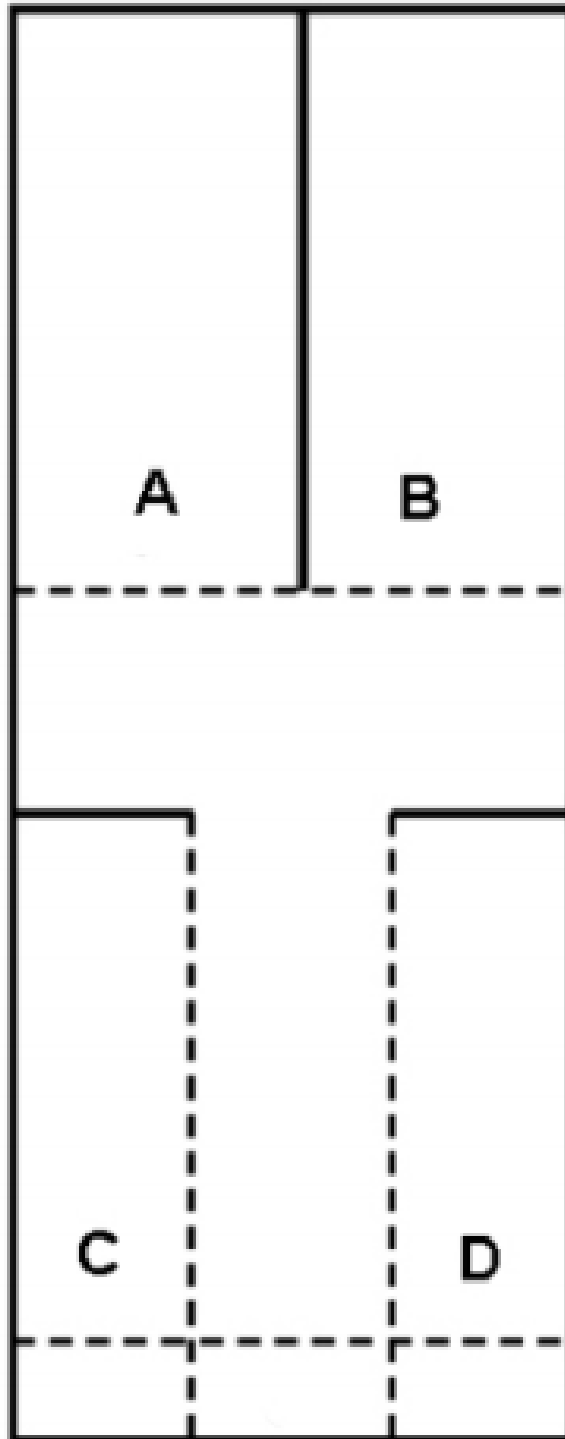
- Plate
- Water
- Pepper
- Liquid Soap



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Share a picture or video of the experiment with your BB group or post on social media using #BBatHOME.

Paper Helicopters Template



The Whole World in His Hands

World Template

