

ANCHORS

Bringing the BB adventure to you ...



Weekly Activity Pack
20th to 26th April

#BBATHOME



Tightrope Walking



A-Z Scavenger Hunt



St George's Shield



3D Creation Collage



Call a Grandparent



Skittles Experiment



TIGHTROPE WALKING



GET ACTIVE



15 MINUTES



PREPARATION
NEEDED

▶▶ GETTING INTO THE ACTIVITY

Imagine you're a tightrope walker and take on this activity to test your balancing skills.

You'll need to create a 'tightrope line' to walk along. If you have tape, then place this on the floor. A long line along a hallway would be ideal. Alternatively go into the garden and use chalk.

Practice walking along the line imagining you are on a tightrope! Can you stay on without stepping off the line? Real tightrope walkers do this high in the air - imagine how scary that would be.

As your balance improves try balancing a book on your head and walk along the line without the book falling! Now can you do it blindfolded? (Very tricky!)

Finally, make different shapes on the floor with the tape. You could make spirals, zigzags or even make a maze to tightrope on.



WHAT YOU'LL NEED

- Tape or chalk
- Book
- Blindfold



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Share a picture or video of the activity with your BB group or post on social media using #BBatHOME.

A-Z SCAVENGER HUNT



GET
ADVENTUROUS



20 MINUTES



READY
TO GO



GETTING INTO THE ACTIVITY

Explore your house on a mission to find an item beginning with every letter of the alphabet.

The aim of this activity is to go on a scavenger hunt around your home - both inside and outside - to try and find an item for every letter of the alphabet. You might grab an apple for A, a book for B, a cushion for C and so on.

Bring all the items back to a central place and lay them out in alphabetical order. Ask a grown-up to check that you have an item for each letter. Can you find all 26 letters?

Make it a competition and race a family member to get all the items too. Alternatively set a timer and then get in contact with a friend and challenge them to complete the same activity in a quicker time than you.

Afterwards ask a grown-up to take a photo of you with your A-Z items and share it with your BB group.



WHAT YOU'LL NEED

- Household Items



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Please advise which rooms or areas can be used. Share a picture of the A-Z scavenger hunt with your BB group or post on social media using #BBatHOME.

ST GEORGE'S SHIELD



GET CREATIVE



30 MINUTES



PREPARATION
NEEDED

▶▶ GETTING INTO THE ACTIVITY

Celebrate St George's Day (23rd April) by creating a shield to help you fight off dragons.

Cardboard & Paint: Ask a grown-up to cut an old cardboard box into a shield shape. Now you can paint the front with patterns and shapes to create your shield. Allow it to dry and then tape a couple of strips of cardboard to the back to create handles. If you don't have paint, then you could use coloured paper to decorate the shield instead.

Paper & Pens: Print out the shield template page, or draw your own, and then use colouring pens to design the perfect shield. Make sure it's nice and colourful!

St George is the patron saint of England. Find out more about his story by watching 'George and the Dragon' by 'Children Cinema' on YouTube.



WHAT YOU'LL NEED

- Cardboard & Paint
- Shield Template & Pens



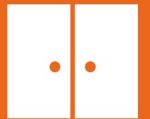
NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Share a picture of the completed shield with your BB group or post on social media using #BBatHOME.

3D CREATION COLLAGE



30 MINUTES



IN THE CUPBOARD



GETTING INTO THE ACTIVITY

Bring together the story of creation and how God made the world, by creating a 3D collage.

Firstly, recap the days of creation by watching the YouTube video 'Creation (Genesis 1-2)' by Saddleback Kids.

Now create a collage on paper of the different parts of creation. Draw the basics of creation onto a page and then use objects to help make your collage 3D.

For example, you might colour the sky in blue and then stick cotton wool on as clouds. Draw some trees and then stick real leaves to them. You could stick grass to the bottom of the collage, a yellow bottle top for the sun and a bird's feather onto a drawing of a bird in the sky. To represent people, you could stick a photo of you and your family onto the collage.

Once finished, you'll then have a visual reminder of how God made our world and all the things that live in it.



WHAT YOU'LL NEED

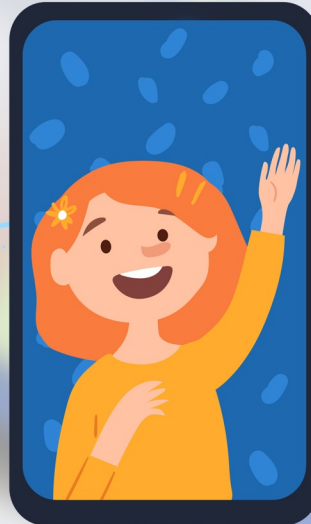
- Paper
- Pens
- Scissors
- Glue
- Cotton Wool
- Leaves



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Share a picture of your completed creation collage with your BB group or post on social media using #BBatHOME.

CALL A GRANDPARENT



GET INVOLVED



15 MINUTES



READY TO GO



GETTING INTO THE ACTIVITY

Ring a Grandparent, or other family member who might be missing you, to help bring a smile to their face.

Whilst the country is on lockdown, families are unable to see each other. Grandparents in particular will be missing seeing you and spending time talking and playing with you. Give them a call - or even a video call if you are able to - to help stay connected to them and brighten up their day.

Talk to them about what you have been doing recently, if you've tried any new games or activities at home and how much you're missing seeing them.

You could even play a game over the phone such as the yes/no game, or if you are video calling then maybe charades or pictionary.



WHAT YOU'LL NEED

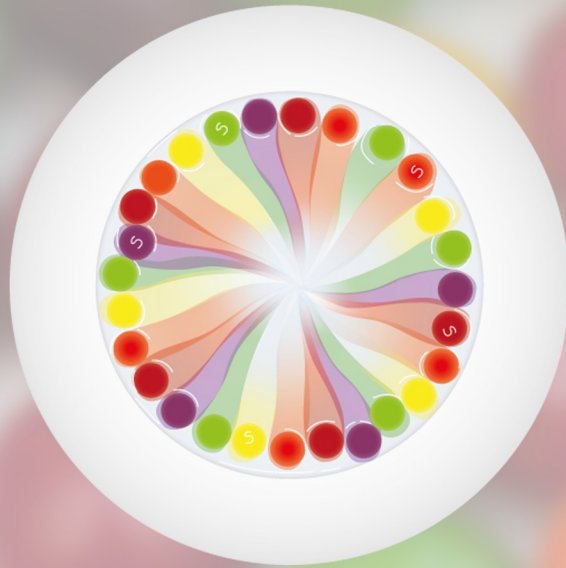
- Phone



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Share a picture of you calling your grandparents with your BB group or post on social media using #BBatHOME.

SKITTLES EXPERIMENT



GET LEARNING



20 MINUTES



PREPARATION
NEEDED



GETTING INTO THE ACTIVITY

Carry out a science experiment at home, with just a packet of skittles, a plate and some water.

Around the edge of a plate place a circle of skittles. Mix up the colours so you don't have two colours the same next to each other.

Prediction: What do you think will happen if we add water to the plate? What will happen to the skittles if anything?

Carefully add some warm water to the plate, so that the water level touches all the skittles on the plate. The colour from the skittles should slowly seep into the middle of the plate, but the colours should remain separate. How cool is that?

Keep experimenting: Set up a new plate of skittles and this time use cold water. Does it make a difference? Does it work with other coloured sweets?



WHAT YOU'LL NEED

- Packet of Skittles
- Plate
- Warm Water



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Share a picture of the skittles experiment with your BB group or post on social media using #BBatHOME.

**St George s
Shield**

