

# ANCHORS

Bringing the BB adventure to you ...



## #BBATHOME

### Weekly Activity Pack 18th to 24th May



### Ring Toss



### Bird's Nest



### Vegetable People



### Jonah and the Whale



### Help at Home



### Hidden Object Game



# RING TOSS



GET ACTIVE



20 MINUTES



PREPARATION  
NEEDED



## GETTING INTO THE ACTIVITY

Create and play a traditional ring toss game, using recycling materials in your home.

To create the game you'll need to find 5 tall items for your targets. Kitchen and toilet roll tubes would be ideal – or you could use plastic bottles. You can paint or decorate them first, or just play with them straight away. Set up your targets in a cross shape. You might want to tape them to the floor so they don't fall over or weight them down (if bottles fill with water). To create your rings, use thick cardboard. Ask a grown-up to cut it into a circle and then cut a big hole in the middle to create a ring. You could use paper plates for this too. Try to make 3-5 rings for your game.

To play, set up your targets a few metres away from you and try to throw your rings onto the target. You could give the targets different point values. How many points can you score with 5 throws? Challenge a family member to see if they can beat you.



## WHAT YOU'LL NEED

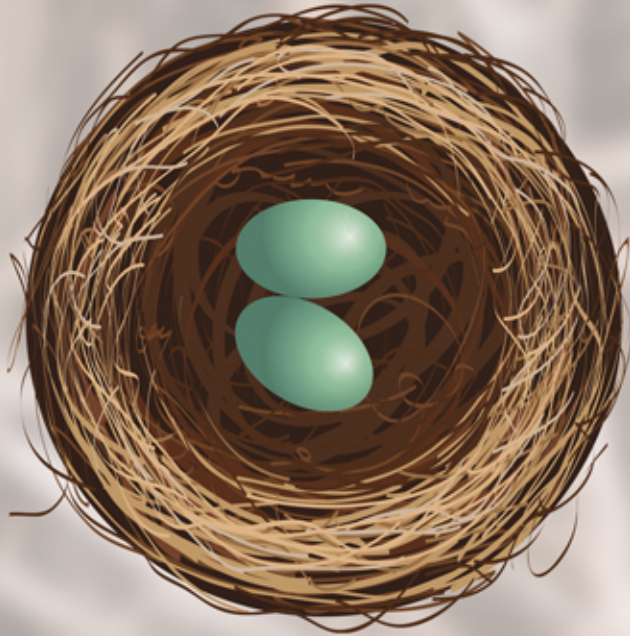
- Recycling Items (Kitchen rolls tubes, bottles etc)
- Cardboard
- Scissors



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Please ensure the space and equipment used is safe and appropriate. Share a picture or video with your BB group or post on social media using #BBatHOME.

# BIRD'S NEST



GET  
ADVENTUROUS



30 MINUTES



PREPARATION  
NEEDED



## GETTING INTO THE ACTIVITY

Ever wondered how birds make nests to look after their eggs? See if you can make your own bird's nest using natural items you can find.

To make your nest, you'll first need to collect natural items such as twigs, leaves, feathers, grass, bark etc. You might find these things in your garden or you may need to go on a walk to collect them. Once you have what you need, think about how you can build your nest. Bird's nests need to have a strong structure to support the bird and their eggs, need to be well built so it doesn't get blown away and it also needs to be comfortable.

You could try to use the twigs and grass to weave the nest together or alternatively you could use a bowl to help create your nest shape.

Can't get outside? Try using blankets, pillows and cushions to make your own life-size nest indoors for you to sit in.



## WHAT YOU'LL NEED

- Leaves
- Twigs
- Feathers
- Bark
- Grass
- Bowl



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Please ensure children do not touch any actual bird's nests. Wash hands after completing the activity. Share a picture of the bird's nest with your BB group or post on social media using #BBatHOME.



# VEGETABLE PEOPLE



GET CREATIVE



20 MINUTES



IN THE CUPBOARD



## GETTING INTO THE ACTIVITY

Use colourful vegetables to create a person, animal or monster - one that's good enough to eat!

Ask a grown-up what vegetables you can use and then use cocktail sticks to bring all the body parts together. You may need to cut some vegetables up. Ask a grown-up to help you with this. Here are some examples of what you could make or be original and make your own:

**Mr Potato Head:** Use the potato as the face and then you could attach small tomatoes as eyes, broccoli as hair, cut pepper as a mouth, mushroom as a nose, carrots as ears.

**Cucumber Person:** Use slices of cucumber to form a body, carrot sticks as arms and legs, a slice of tomato for a face, grated carrot for hair. This one you could eat straight after making!

Don't have cocktail sticks? Lay the vegetable pieces on a plate and create your vegetable person on there instead.



## WHAT YOU'LL NEED

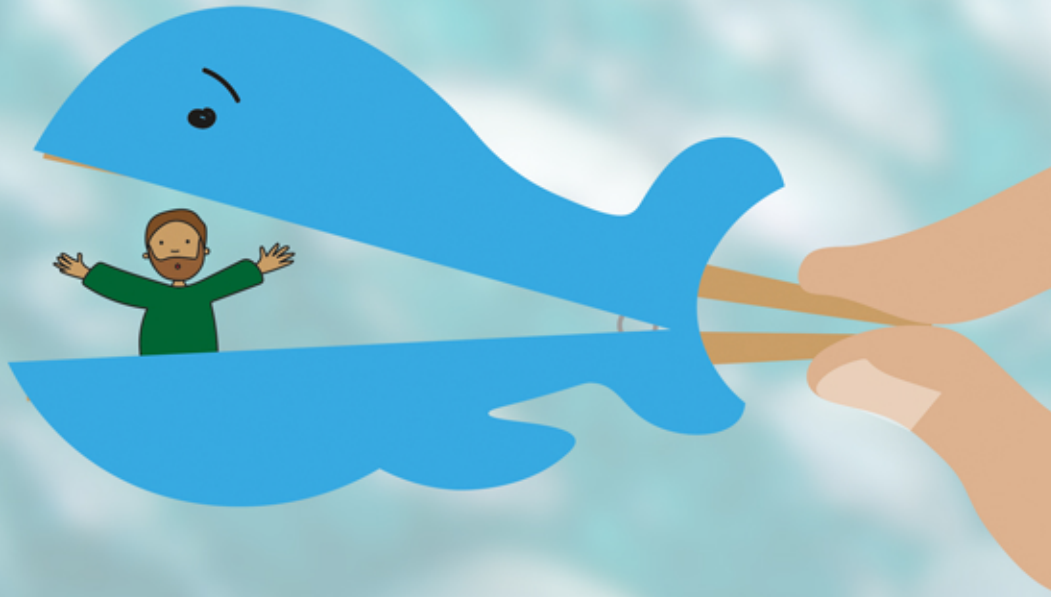
- Various Vegetables
- Knife
- Cocktail Sticks



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Adults should do all cutting with a knife. Share a picture of the vegetable creation with your BB group or post on social media using #BBatHOME.

# JONAH AND THE WHALE



GET INTO  
THE BIBLE



30 MINUTES



PREPARATION  
NEEDED



## GETTING INTO THE ACTIVITY

Remind yourself of the story of Jonah and the Whale and create a quick and easy craft to help you remember the story and how God saved Jonah from drowning with a whale.

Watch 'Jonah and the Fish' by Saddleback Kids on YouTube (<https://youtu.be/WOSadLyqshg>). This is the story of a man called Jonah who tried to run away from God after he set him a difficult challenge. God stuck with Jonah who, after being eaten by a whale, finally carried out God's task and saved the people of Nineveh.

Create your own Jonah and the whale. Cut out the whale (or draw your own) from the template and colour it in. Cut the whale in half along the line and stick the halves to either side of a peg. When you push the peg together, this should then open the whale up. Finally colour in Jonah and stick him to the back of the peg. As you open the peg/whale, Jonah should then appear from inside the mouth.



## WHAT YOU'LL NEED

- Paper
- Scissors
- Tape / Glue
- Jonah and the Whale Template
- Colouring Pens
- Peg



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Care should be taken when using scissors. Share a picture of your whale and Jonah with your BB group or post on social media using #BBatHOME.

# HELP AT HOME



GET INVOLVED



30 MINUTES



READY TO GO

## GETTING INTO THE ACTIVITY

During lockdown you're spending a lot more time at home. This probably also means you're creating a lot more mess at home as you do school work, play games and eat food. Think about what jobs you could do around the house to help your grown-up.

Think about what job you'd like to help with around the house. This might be helping to tidy a room, wash-up after dinner, assist with the clothes washing, help wash the dog etc. Talk to your grown-up and agree on the activity and how you can help.

Carry out the task to the best of your ability. Remember to ask for help if you need it.

Your job doesn't have to be a one off. You could repeat the job throughout week to be even more helpful around the house. How many different jobs can you complete within a week?



## WHAT YOU'LL NEED

- Varies depending on chosen activity



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult and supported where necessary. Share a picture or video of the chore with your BB group or post on social media using #BBatHOME.



# HIDDEN OBJECT GAME



GET LEARNING



15 MINUTES



PREPARATION  
NEEDED

## ▶▶ GETTING INTO THE ACTIVITY

Test your observation skills with the 'Hidden Object Game'. How quickly can you find the missing objects? Are you quicker than a family member?

You'll need access to the worksheet at the bottom of this pack. You won't need to print it out, just be able to see it on a screen.

At the bottom of the sheet are some objects which are hidden in the picture. How quickly can you find them all? Set a timer and see how quickly you can do it or challenge a family member to complete the activity at the same time, to see who finishes it first.

Once finished a grown-up could call out other objects in the picture for you to find. Alternatively find another picture on the internet and create your own hidden object game.

## ✔✔ WHAT YOU'LL NEED

- Hidden Object Game Worksheet

## ! NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Share a picture or video of you completing the hidden objects game with your BB group or post on social media using #BBatHOME.

# Jonah and the Whale



Jonah Cut-Out



The Great Fish Cut-Out



# HIDDEN OBJECTS



Find the 14 items below in the picture

