

junior

Bringing the BB adventure to you . . .

Activity Pack
13th to 26th July



#BBATHOME



Olympic Sports Day



Emoji Treasure Hunt



My #BBatHOME Adventures



Walking On Water



Make Them Laugh



Morse Code



IMPORTANT NOTICE FOR PARENTS/CARERS

Activity **MUST** be supervised by a parent/carer **AT ALL** times. A parent/carer **MUST** assess risk before allowing their child to participate. Parents/carers **MUST** be aware of and follow up-to-date Government rules and guidance on social distancing.

OLYMPIC SPORTS DAY



GET ACTIVE



30 MINUTES



IN THE CUPBOARD

GETTING INTO THE ACTIVITY

School sports days and even the Olympic games have all had to be cancelled this year. Make up for it by holding your own Olympic sports day, with some garden races against your family.

Egg & Spoon: Each family member will need an egg and a spoon. Set up some markers and obstacles and the first to cross the line is the winner.

Sack Race: Give each person a bin liner as their sack. Who can jump their way to the finish line the quickest?

Three Legged Race: Using string or rope, tie the inside legs of two family members and set up a race course for them to make their way through.

Create Your Own: Think of your own Olympic sports day races for your family to compete in.

Ask a grown-up to take a photo or video of your Olympic sports day and share it with your BB group or post on social media using #BBatHOME.



WHAT YOU'LL NEED

- Egg & Spoon
- String
- Bin Liners
- Markers



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Please make sure the space and equipment used is safe and appropriate. An adult should initiate any contact with the BB group and/or share on social media.

EMOJI TREASURE HUNT



GET ADVENTUROUS



20 MINUTES



PREPARATION NEEDED



GETTING INTO THE ACTIVITY

Celebrate World Emoji Day (17th July) by taking part in an emoji treasure hunt. How quickly can you find all 15 emojis?

Print out the emoji treasure hunt activity sheet or draw a set of emojis yourself. Cut up the emojis on the sheet into individual cards.

Ask a grown-up to hide the cards around your house and/or garden. They could also hide some sweets along with the cards too. The cards should be hidden in some hard to find places that will test your skills to look for and find them. Once all the emojis are hidden, your job is to find them all. Set a timer and see how long it takes you.

Take it further: You could now hide the cards for a family member to find. Can they beat your time? You could also spend some time thinking about what each emoji represents (i.e. sad, happy, cheeky).

Ask a grown-up to take a photo or video of your emoji treasure hunt and share it with your BB group or post on social media using #BBatHOME.



WHAT YOU'LL NEED

- Emoji Treasure Hunt Activity Sheet
- Scissors



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. An adult should initiate any contact with the BB group and/or share on social media.

MY #BBATHOME ADVENTURES



GET CREATIVE



30 MINUTES



PREPARATION NEEDED

GETTING INTO THE ACTIVITY

Take a look back at all the #BBatHOME adventures you've been on over the last four months by creating a collage of photos and memories.

This week's activity pack is the last set of activities before #BBatHOME takes a pause over August. Over the course of the last four months there have been 90 activities for Juniors to get involved with. Make a collage of all your favourite activities and memories from that time.

Photo Collage: Print out photos of you taking part in the activities and stick them all on one large piece of paper. How many different activities can you include?

Drawings Collage: Not able to print photos? Draw something from your favourite activities onto one giant picture. It might include volcanoes, teddy tip wires, ice lollies, rollercoasters, bug hotels, big ben, pizzas, picnics and much more!

Let your BB group know how many activities you've done. Send a photo of your collage or post on social media using #BBatHOME.



WHAT YOU'LL NEED

- Paper
- Scissors
- #BBatHOME Photos
- Glue
- Colouring Pens



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. An adult should initiate any contact with the BB group and/or share on social media.

WALKING ON WATER



GET INTO
THE BIBLE



15 MINUTES



IN THE
CUPBOARD



GETTING INTO THE ACTIVITY

Explore the story of Jesus walking on water and how with faith and trust, all of us can do incredible things.

Watch or read the story of Jesus walking on water (Matthew 14:22-33) - <https://youtu.be/oVy9HGr3Qig>. When Peter put his faith and trust in Jesus, he was able to walk on the water too. It's a great story to remember that we should always put our trust in God and he will look after us.

Try out a trust experiment. Fill a small glass 2/3rd with water and place a playing card on top of the glass (it must cover all of the rim). Carefully turn over the glass, so the card is on the bottom. Now slowly remove your hand. The card and water should all remain in place. Now try the experiment over your head. Do you have trust and faith in yourself to believe you'll stay dry?

Finish with a prayer asking God to always give us the strength to put our faith and trust in him.



WHAT YOU'LL NEED

- Small Glass
- Water
- Playing Card
- Bible



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult and an adult should initiate any contact with the BB group and/or share on social media.

MAKE THEM LAUGH




GET INVOLVED


10 MINUTES


READY TO GO

GETTING INTO THE ACTIVITY

Ever heard the saying ‘Laughter is the best medicine’? Laughter is proven to make people feel better and brighten up their day. Spread some cheer and laughter to your family by trying to make them laugh with some cheesy jokes.

Spend some time searching joke books or the internet for cheesy jokes. Write down your favourites and then tell them to your family. Can you make them laugh? You could also ring up other family members and friends and tell some of the jokes over the phone.

Example Joke: How many tickles does it take to make an octopus laugh? Ten Tickers.

Don't Laugh Challenge: Gather your family together and each take turns at telling jokes. However, the challenge is to try and not laugh. The first person to laugh should get a forfeit.

Share your jokes with your BB group or post on social media using #BBatHOME.

WHAT YOU'LL NEED

- Jokes

NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Internet use should be supervised. An adult should initiate contact with the BB group on social media.

MORSE CODE



GET LEARNING



20 MINUTES



READY TO GO

▶▶ GETTING INTO THE ACTIVITY

Morse code has been around since the 1830's and has helped send messages all over the world. Learn the different letters and see if you can use Morse Code to write some key words.

Morse Code is an electronic system of communication which uses dots and dashes to send messages. Before its invention messages could take weeks, but with Morse Code this was reduced to minutes. Its use helped the world to communicate and had a big impact.

Use the Morse Code activity sheet at the bottom of this pack to learn the different letters and to write the three words or phases in Morse Code. Once completed, try and write some other words in Morse Code. Do you know how to Morse the famous 'SOS', used by ships when they are in trouble?

Share a photo of your completed activity with your BB group or post on social media using #BBatHOME.

☑️ WHAT YOU'LL NEED

- Morse Code Activity Sheet
- Pen

! NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. An adult should initiate any contact with the BB group and/or share on social media.

Emoji Treasure Hunt



Morse Code

A	• —	N	— •	1	• — — —
B	— • • •	O	— — —	2	• • — — —
C	— • — •	P	• — — •	3	• • • — —
D	— • •	Q	— — • —	4	• • • • —
E	•	R	• — •	5	• • • • •
F	• • — •	S	• • •	6	— • • • •
G	— — — •	T	—	7	— — — • • •
H	• • • •	U	• • —	8	— — — — • •
I	• •	V	• • • —	9	— — — — — •
J	• — — — —	W	• — — —	0	— — — — —
K	— • —	X	— • • —		
L	• — — • •	Y	— • — — —		
M	— —	Z	— — — • •		

Can you write the following words in Morse Code? Use the dots and dashes to create these words.

- 1) Hello
- 2) Your Name
- 3) Boys' Brigade