

junior

Bringing the BB adventure to you . . .

Weekly Activity Pack

1st to 7th June



#BBATHOME



My Game, My Rules



Twig Raft



Ice Lollies



Wise & Foolish Builders



Thank You Volunteers



Protect the Egg



IMPORTANT NOTICE FOR PARENTS/CARERS

Activity **MUST** be supervised by a parent/carer **AT ALL** times. A parent/carer **MUST** assess risk before allowing their child to participate. Parents/carers **MUST** be aware of and follow up-to-date Government rules and guidance on social distancing.

MY GAME, MY RULES



GET ACTIVE



20 MINUTES



IN THE CUPBOARD

▶▶ GETTING INTO THE ACTIVITY

Create a brand new game for you and your family to play. You'll need to think about what the rules are, how the scoring system works and what the game will be called.

Creating a new game is a brilliant chance to be creative and imaginative. Ideally your game needs to involve your family members, but it could be a game you play on your own.

What happens in your game is completely up to you. It could be centred around a football, it could be part of an obstacle course, a throwing / catching game or anything else you can think of.

Once you've decided on the rules, its now time to teach a family member how to play your game and test it out on them.

Ask a grown-up to take a photo or video of you playing your new game and share it with your BB group or post on social media using #BBatHOME.

☑☑ WHAT YOU'LL NEED

- Pen & Paper
- Household Objects
- Sporting Equipment

! NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. An adult should initiate any contact with the BB group and/or share on social media.

TWIG RAFT



GET
ADVENTUROUS



30 MINUTES



PREPARATION
NEEDED



GETTING INTO THE ACTIVITY

Create a raft capable of carrying stones and other weights, using the twigs you find on a walk.

Head out on a family walk with a grown-up and collect 8-10 twigs. These all need to be roughly the same length. You'll also need a fairly big leaf to act as your sail.

Once home you can create the raft. To do this, lay your twigs side by side. Tie or tape the twigs together to form the raft structure. Once finished you should have what looks like a platform. Use a smaller stick (or kebab skewer) to wedge into your raft to form the mast. Carefully attach the leaf to the mast to create the sail.

Your raft is now ready for testing. Gently place it in a bowl of water to see if it floats. Slowly place small stones, or other weights, on top of the raft to see how much weight it can take.

Take a photo of your twig raft and share it with your BB group or post on social media using #BBatHOME.



WHAT YOU'LL NEED

- 8 - 10 Twigs
- Bowl of Water
- String / Tape
- Stones
- Large Leaf



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Remember to follow social distancing rules when out and about. An adult should initiate any contact with the BB group and/or share on social media.

ICE LOLLIES



GET CREATIVE



15 MINUTES



IN THE CUPBOARD



GETTING INTO THE ACTIVITY

It's the beginning of June which usually means warmer weather and sunnier days. Create some tasty ice lollies to help you cool down and stay refreshed.

If you have ice lolly moulds at home, then use these. If not, you can use ice cube trays, plastic cups or anything which can hold liquid in a freezer.

Create your lolly mixture first. A good place to start is by using fruit juice or squash. If using squash, you'll want to make the mixture stronger than you normally would to drink. Pour the mixture into your mould / ice cube tray. You'll need to put a lolly stick or something similar in the mix too. Now put it in the freezer for a couple of hours to set.

Once set, carefully remove the lolly from the mould / tray and immediately enjoy your refreshing ice lolly.

Ask a grown-up to take a photo of your ice lolly and share it with your BB group or post on social media using #BBatHOME.



WHAT YOU'LL NEED

- Squash / Fruit Juice
- Ice Cube Tray
- Lolly Stick



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. An adult should initiate any contact with the BB group and/or share on social media.

WISE & FOOLISH BUILDERS



GET INTO THE BIBLE



20 MINUTES



IN THE CUPBOARD



GETTING INTO THE ACTIVITY

Explore the story of the wise and foolish builders and then take a turn at building your own house on solid foundations.

The story of the wise and foolish builder is a parable that Jesus told. It was a story all about showing us how important it is to build our lives on the solid foundations of Jesus' teaching. If we listen to what God says and then don't act on it, it's like building our house on sand. When a storm comes along, everything will come crumbling down.

Watch the YouTube video 'The Parable of the Two Builders' (<https://youtu.be/l6S3cRVLmfQ>)

Now it's your turn to put the story into practice by building a house to test how strong it is. Use Lego, other toys or craft materials to build a house. Make it as strong as you can. Once built, test it by tipping water over it, blowing it with a hair drier, shaking the table it is built on and so on. Does your house have the strong foundations to survive all your tests?



WHAT YOU'LL NEED

- YouTube
- Lego
- Craft Materials



NOTES FOR PARENTS & CARERS

Share a picture of your house with your BB group or post on social media using #BBatHOME. All activity should be supervised by an adult and an adult should initiate any contact with the BB group and/or share on social media.

THANK YOU VOLUNTEERS

THANKYOU!



GET INVOLVED



20 MINUTES



IN THE CUPBOARD

GETTING INTO THE ACTIVITY

Millions of people across the UK give up their time for good causes, this includes your BB leaders. To mark 'Volunteers Week' (1st - 7th June), say a big thank you to your BB leaders for everything they do.

Our BB leaders are some of the best volunteers in the UK. They give up their time to provide children and young people with so many opportunities to learn, grow and discover. Let's say thank you to them.

Record a thank you video, design a thank you card, draw a thank you picture or write a thank you letter - do whatever you think is the best way of showing your BB leaders how much you appreciate them.

Once complete, send the thank you note to your BB group via email or social media using #BBatHOME #VolunteersWeek.



WHAT YOU'LL NEED

- Pen & Paper
- Craft Materials
- Colouring Pens
- Camera

NOTES FOR PARENTS & CARERS

An adult should initiate any contact with the BB group and/or share on social media.

PROTECT THE EGG



GET LEARNING



30 MINUTES



IN THE CUPBOARD

GETTING INTO THE ACTIVITY

Use the recycling materials in your home to create a structure that will protect a raw egg. Can you then drop the egg without breaking it?

Start with a raw egg. Use recycling materials such as bottles, cardboard boxes and yoghurt pots to build a structure that will protect the egg. Think about how you might provide cushioning, layers to absorb shock and how you can keep the egg secure inside the device.

Once you are happy, secure the egg inside the device and then start your testing. To test, drop the egg from a height. If the egg survives then try dropping the egg from a higher height (A grown-up may need to do this). Keep going until the egg breaks. How high did you manage to drop the egg from without it breaking?

Ask a grown-up to take a photo or video of you protecting the egg and share it with your BB group or post on social media using #BBatHOME.



WHAT YOU'LL NEED

- Egg
- Recycling Materials
- Tape
- Scissors



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. An adult should make sure the height at which the egg is dropped is safe and appropriate. An adult should initiate any contact with the BB group and/or share on social media.